

2010 CF Firefighter Challenge Official Rules

- 1) All participants must wear **department issued** full turnouts with liners and vapor barriers intact. No competition style clothing or footwear permitted.
- 2) All participants must wear the same style airpack with similar cylinder. This ensures that one team does not have a weight advantage / disadvantage over another.
- 3) The event will begin upon the sounding of the air horn. The starter will count **1, 2, "Air horn" blast**. You may not touch the high rise pack or start the weave course until the horn sounds (**5-second penalty**).
- 4) During the StairClimb event, the team member must stay within the designated area entering the stairwell and leaving the parking garage. Failure to stay within the marked area will result in **10-second** penalty.
- 5) The team member must go up the stairs on the inside track of the stairs (nearest to the handrail) and down the stairs on the outside track. Up or down - always stay to the right of the blue tape on the stairs. No contact is allowed between competing team members. Intentional bumping on the stairs will result in a **20-second** penalty & a 5-second bonus for the other team.
- 6) StairClimb team members may skip steps going up but must touch every step on the way down. (**1-second penalty** for each step missed going down.)
- 7) The team member may move as quickly as possible through the weave course as marked to the keiser event. Running is allowed if desired. Failure to follow the marked path will result in a **5-second** penalty.
- 8) The rescue mannequin must be dragged in a backward motion with both hands on the handles. The mannequin cannot be carried. This provides consistency amongst each team.
- 9) For the 1st team, the 1st team member will start with the StairClimb event. For the 2nd team, the 1st team member will start with the weave course. The 2nd team member of each team will then complete the other course section. The 3rd team member of each team will finish with the rescue mannequin event.
- 10) An individual firefighter can only compete on one team.